

## Student Free Day

Monday 21st June - week 9

Staff will be completing Berry Street training

### FROM THE PRINCIPAL

#### UNIFORMS

With the coldest months now well and truly upon us we have had an increase in the number of children not wearing the correct uniform. A reminder that uniform colours are red and navy. Black and grey are not. Uniforms are available from the front office anytime. It's great to see all the students in the school colours and I thank you in advance for your support.

#### TIMES TABLES CHAMPIONS

Once again there have been a huge number of students that have already 'checked out' this year. To check out students have to answer 20 mixed times tables questions (2x to 12x) accurately and without hesitation. Well done everyone.



### IMPORTANT DATES

STUDENT FREE DAY	Mon 21st June	WEEK 9
GOVERNING COUNCIL	Mon 28th June	WEEK 10
SCHOOL REPORTS	Fri 2nd July	WEEK 10
HOT DOG DAY	Fri 2nd July	WEEK 10
END OF TERM	Fri 2nd July	WEEK 10
<b>2:15pm dismissal</b>		
BOOK FAIR	WEEK 2	TERM 3
BOOK WEEK	WEEK 6	TERM 3

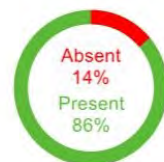
### SCHOOL ATTENDANCE

**Attendance at school is an important contributor to a student's academic achievement – all school days matter.**

We understand that sometimes students are absent due to illness, family or other reasons. If your child is absent from school for any particular reason please notify the class teacher via the class App, communication book/diary or contact us on 85821077.



Year to Date (2021)



Previous Week

Coen S Bryce B Jay P Josh D-G Chris B Vicki A Jade B Tyson B Jai P Cameron S  
Josh W Jack O Jarred L Ebony G Emily W Nikoleta K Sophia K Larissa K Talan Q  
Isabelle G Milla C Harry V Jason A Jazmin C Myka B Liv S Ayla L Mali S Josh P  
Mason K Emma O Lucas R Abigail O Ozzy W Isabella B Jack C Declan B Chas G  
Izzy J Amahli K Angel F Lachlan V Kayla N Alex G Maicey H Ryder H Tia S Ellen O

# Sapsasa Cross Country



Cross Country extraordinaires from Berri Primary went to Waikerie on the 19th May. A very big congratulations to all our competitors: Janness, Myka, Maicey, Emison, Peyton, Amy, Eli, Lachlan V, Tyson, Sahira, Mia, Kiara, Jarred, Phoenix, Shayden, Maddie H, Maddison R, Holly, Jai, Jade and Jack C.

Each child attacked the cross-country course with a sense of aggression and determination, each child successfully completing the course within the designated time. Students had a huge sense of pride and satisfaction (as well as exhaustion) that they had completed the 2 or 3km race and some of our students were successful enough to be invited to race in the Oak Bank cross country race held on Thursday 10th June.

Jarred, Eli, Maicey, Myka, Sahira and Lachlan placed in the top 6 of their age group race and were the children invited to represent the Riverland Cross Country team at Oak Bank.

A special mention to Myka who won her race and to Jarred who had the fastest time for the 3km run for all Berri Primary children with a time of 12 minutes and 38 seconds which resulted in him smashing his personal goal which was to run the 3km in 13 minutes. Jarred easily beat this time and has now set his challenge to run the Oak Bank course in 12 minutes and 18 seconds.

A big thank you to all our competitors for the day, they did a wonderful job and as usual, represented our school to the best of their ability. Thank you to the parents who took time out of their day to travel all the way to Waikerie to watch their children race, it enhanced their success even more being able to share it with you. A big thank you to Katie Lawrie and Bronnie Butson who helped transport the children to Waikerie on the day and to Alby who helped transport the children as well as marshal parts of the race throughout the day. It has been very exciting being able to attend all these SAPSASA events this year, given the restrictions that we had last year. Parents, students, and teachers are making the most of our opportunities we are being given and are enjoying the events immensely.

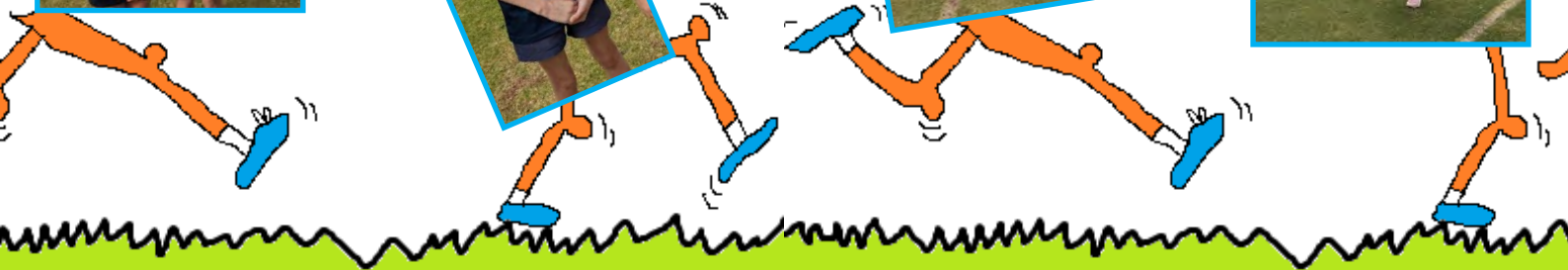
The biggest highlight of the day was the unconditional support and encouragement that our team gave each other when they were on the home lap. Each of our runners had a team of red and blue running alongside them pushing them to the finish line. Proud doesn't even come close to how myself and the parents of these children felt watching this display of support.

Congratulations Berri Primary School  
Beck Keynes

## **Oak Bank Results**

Congratulations to all Berri runners who represented the Riverland in their respective 2/3km races. Each event had a large number of runners up to 190 competing in each race.

Special mention must go to Myka for her brilliant placing of 11th out of 180 in her race!





# Sapsasa Hockey





## ATSI NEWS



### Aboriginal Flag

Black represents the Aboriginal people  
Yellow represents the sun, the giver of life  
Red represents the red Earth, the red ochre used in ceremonies



### Torres Strait Islander Flag

Green panels represent the land  
Blue panel represents the sea  
Black lines dividing the panels represent the Torres Strait Islander people



## Staff Meeting Surprise

We played the trumpet for the teachers at their staff meeting on the 11/05/2021 .

We taught the teachers how to buzz and then we asked if anyone knew how to make a sound, some of the teachers got it correct. We also talked about what we liked during practise and band practise. Then we played 'we will we will rock you' and 'shark attack' or the theme song from jaws.

Written by Angel and Noel.



Forgot to read?  
Do your homework?  
OR Just want to..

read!



**DON'T PANIC**  
LAUNCHPAD IS OPEN!

WHEN: Mondays to Fridays  
8:25 until 8:55am  
WHERE: Room 24  
WHO: All students are  
welcome and encouraged  
QUESTIONS: Ask Mrs Makris

# Don't miss out...

## MOON LANTERN ORDERS



### FAMILY LANTERN STARTER PACK \$10

2 LONG CANE (approx. 5m) PVA GLUE, TISSUE PAPER 10 X WHITE 5 X COLOUR, MASKING TAPE

EXTRA CANE (x1) \$2

EXTRA TISSUE PAPER (x5) \$1

FAMILY NAME \_\_\_\_\_ CHILD'S NAME \_\_\_\_\_

No. Family Packs (\$10) \_\_\_\_\_

No. Extra Cane (\$2) \_\_\_\_\_

No. Extra Paper (\$1) \_\_\_\_\_

TOTAL \$ \_\_\_\_\_

**ORDERS DUE TOMORROW - FRIDAY 18TH JUNE**

## BiNGO!

THIS SUNDAY - 20TH JUNE @ 1:45pm  
BERRI HOTEL  
RAFFLE PRIZES GALORE!

COME ALONG AND SUPPORT  
OUR BERRI PRIMARY SCHOOL  
YEAR 6/7 CAMP FUNDRAISER



## How to Help Kids Make Friends: 12 Evidence-Based Tips

How can we help kids make friends? It might seem we can do very little. However, parents/guardians/adults play an important role in developing a child's emotional skills, self-regulation skills and social competence- all of which are used to build friendships with others.

### So, here are 12 ways that we can help kids make friends:

*Show warmth and respect: when parents use positive discipline strategies- reasoning with children and discussing reasons for rules- kids tend to become more prosocial over time.*

Be your child's "emotion coach": all of us experience negative emotions and selfish impulses. Does it prevent us from making friends? No. Not if we know how to keep these responses under control. Kids are more likely to develop strong self-regulation skills if they grow up with a parent who talks to them (sympathetically and constructively) about how to cope with bad moods and difficult feelings (Blair et al., 2013). So when kids get upset, it's worth taking the time to understand their feelings and to actively teach them how to handle these feelings in a healthy way (see our 'Calming Strategies' poster below).

*Nurture your child's ability to empathise and "read minds": kids need to be aware of their own negative emotions as well as be able to recognise and empathise with others'. Asking your child to reflect upon how another child may be feeling can help to make them aware of others' emotional needs- creating empathy.*

Provide a secure social environment: when kids are anxious, it is hard for them to make friends. Try setting up some play dates at home, having them join a club or playgroup where the space is welcoming and secure.

*Address your child's aggressive or disruptive behaviour: be calm, remember that this is not a personal attack by your child or them disrespecting you. It can be that your child is young, learning to navigate their emotions and to self-regulate. Stay calm, give simple commands, give them time to comply, redirect them to a positive activity and address the undesired behaviour when they are settled.*

Teach your child these crucial conversations: how to introduce themselves, how to listen, how to give eye contact and answer questions when asked. These conversations are great around the dinner table, in the car or when at the playground or park.

*Host social activities that encourage cooperation, not competition: take away prized toys/possessions when friends come over to play (avoids conflict), set up play dough, blocks or other games that can be shared and played together to achieve the same goal.*

Show your child how to handle awkward social situations: An example might be when a group of children are already playing and you arrive and want to join in with the game. Help your child to identify what the children are playing and give them a suggestion of how they could enter the game. Teach them how to integrate themselves into play without causing disruption or trying to change the game.'

*Help kids learn the art of compromise and negotiation: to work well with others, kids need to be able to think of peaceful ways to resolve conflicts. Talking with your child about finding possible negotiations or ways to solve conflict will prepare them with strategies to try when they next arise.*

Teach your child how to express remorse and make amends: we all make mistakes. What happens next? Being shamed might cause humiliation, resentment or even anger. By contrast, guilt can be constructive. We can reflect on how our actions have affected others. We can empathise with our victims and try to repair the damage we've caused. Apologising and acting remorseful is the first step, then we want to encourage our child to make amends for their mistake.

*Encourage your child to be understanding, and forgiving of other people's mistakes: talking a situation through with your child and getting them to think about the possible alternative explanations for the child's behaviour (e.g. they might be stressed, having a bad day or feeling tired/ill) or even to explain that they have been treated poorly/unfairly (if they are too accepting) will support your child to understand the situation and act appropriately.*

Monitor your child's social life but be careful about becoming too controlling- especially as your child gets older: studies suggest that children are better off when parents stay informed about their social activities (Parkes et al., 2002). Parental monitoring may include:

- Supervising where young children play
- Helping children find social opportunities to meet and socialise with friendly peers
- Talking to your children's friends when they come to visit, and
- Asking your children to tell you about the things they've done in their free time.

But you need to tread carefully. Older children can become embarrassed and these behaviours may scare off potential friends. Building a trusting and loving relationship with your child is the best way for them to communicate openly and honestly with you.



# COME AND TRY CIRCUS IN THE RIVERLAND!

**OPEN DAY  
27TH JUNE!**

**AGES 5+ 27TH JUNE, 10AM-1PM**

**FREE TRIAL  
CLASSES IN  
SILKS, HAND  
STANDS AND  
PARTNER  
ACROBATICS!**

**RIVERLAND  
FITNESS CENTRE  
1647 OLD STURT  
HIGHWAY, MONASH  
SPACES ARE LIMITED,  
EMAIL TO BOOK IN!**

✉ **areyoufittofly@gmail.com**  
f more info: **'Come and Try Fit to Fly!'**



Attention Mums & Dads

With School Holidays just around the corner...

Priority Physio are excited to announce they will be running Kids Pilates classes again!!!

Book now to give your child a chance to strengthen their muscles, relax their minds and burn off some energy!

Limited spots available Tuesday & Thursdays at 10:10am. Classes run for 45 minutes.

\$15 per child, private health rebates available.  
Ages 8-14

& a juice box at the end of each session!

What are you waiting for?

Call the clinic now on 8538 8755 or book online.  
Located 3 Gilbert Street, Berri, SA, 5343



- BLACKSMITHING
- SHEARING
- PRINTING PRESS DEMONSTRATION
- STATIONARY ENGINES
- STREET PARADE
- KIDS ACTIVITIES
- CRAFT & FOOD STALLS



[www.thevillageloxton.com.au](http://www.thevillageloxton.com.au)



## LOXTON HISTORICAL VILLAGE



### ALIVE DAY

**SATURDAY  
7th AUGUST, 2021**

**10am - 4pm**

**\*\*MEMBERS FREE\*\***

**ADULTS \$12 • CONC \$10 • CHILD \$6 • FAMILY \$30**





*South* by Barry Stewart (c) David Boud

Featuring 10 incredible dancers who display "spectacular ... athleticism" (Witness Performance magazine), *South* by **Garry Stewart** is a contemporary dance work full of beauty and power.

Don't miss ADT's *South* at the **Chaffey Theatre** on **18 June at 7:30pm** - tickets available now from the theatre (student discount available).

## Free Workshops with ADT

**Australian Dance Theatre** is offering Renmark dance students the opportunity to learn from their talented ensemble while they are in town.

**Dance students aged 12+** are invited to participate in 1 of 2 **free workshops** being led by ADT dancers **Kimball Wong** and **Zoe Wozniak**, where they will have the chance to learn some choreography from *South*, as well as signature techniques that have made ADT one of our country's most awarded dance companies since its inception in 1965.

**WORKSHOP DATE:** Wednesday 16 June  
**WORKSHOP TIMES:** 4pm and 6:30pm  
**VENUE:** TBC  
**LENGTH:** 1.5 hours  
**COST:** Free

To register to attend, please email:  
[ticketing@adt.org.au](mailto:ticketing@adt.org.au)

Further information (including venue details) will be provided via email following your registration.

Visit [adt.org.au](http://adt.org.au)



(L) Kimball Wong, (R) Zoe Wozniak (c) Josh Geelen

## AUSTRALIAN DANCE THEATRE

Every school should be provided the resources it needs to ensure every child gets the best education, regardless of their background or circumstances.



Join the campaign to make sure public schools are funded properly and fairly, to give every child the opportunity for a bright future.



### Sign

Sign up to add your voice and receive regular updates and information at the [everychooleverychild.org.au](http://everychooleverychild.org.au) website



### Download

Download printable and sharable images and information at [everychooleverychild.org.au/resources](http://everychooleverychild.org.au/resources)



### Share

Share your story using the hashtag **#everychooleverychild**



[everychooleverychild.org.au](http://everychooleverychild.org.au)

Authorised by Susan Hopgood, Federal Secretary, Australian Education Union, 120 Clarendon St, Southbank 3006



## 25 Years Celebration



The Riverland Primary Schools' Music Festival is seeking sponsors for this years' celebration event to be held at the Chaffey Theatre, August 10-12.

Benefits of sponsorship over \$150:

- Business and Company exposure
- Acknowledgement via Facebook and Program
- Acknowledgement on the big screen at the Chaffey during Festival (over \$300)
- 2 free tickets in VIP row (worth \$50)

Please consider how you can support the Arts and Music Programs in our Schools.

For more details and sponsorship forms

- contact your school choir teacher or
- email: [whitehead.j@rivergum.sa.edu.au](mailto:whitehead.j@rivergum.sa.edu.au)